



15th March 2026.
 We extend a warm welcome to
 Irene Hayes, and to all our
 members, friends and visitors



For meditation: *Just for today, what does it matter, O Lord, if the future is dark?
 To pray for tomorrow I am not able. Keep my heart only for today,
 grant me your light, just for today. Thérèse of Lisieux*

NEWS AND VIEW

Today is the fourth Sunday in Lent and also Mothering Sunday. In medieval times it was the day on which people visited their ‘mother’ church, the cathedral of their diocese. Only in the mid-17th century did it become a day for acknowledging human mothers. It used to be the practice to visit one’s mother and give her gifts of flowers and cakes. People in service would have been given the day off so that they could do this. Traditionally Simnel cakes were taken home and bunches of wild flowers such as violets and primroses.

Lent 4– study material

The Methodist Church has prepared study/worship material for the whole period of Lent; this week we are invited to **let go of appearances and embrace what’s inside.**

FOR PRAYER

We place a clipboard at the foot of the cross. A symbol of checklists, assessments and assumptions. We acknowledge the checklists we carry – spoken or unspoken – that shape how we see others. But you, God, see the heart. You see the whole person. You see us with love. O Lord our God, on this Lenten journey, help us to see as you see, and love as you love. Amen
We are being prayed for across the circuit today but we join in prayer for all our ministers and local preachers – and for Rev Simon as he chairs the Circuit meeting this coming week.

LECTIONARY READINGS – 22 March

- Ezekiel 37: 1 -14
- Psalm 130
- Romans 8: 6 - 11
- John 11: 1 - 45

THOUGHT FOR THE WEEK

For you were once in darkness but now you are light in the Lord. Live as children of light (for the fruit of the light consists in all goodness, righteousness and truth) and find out what pleases the Lord. Have nothing to do with the fruitless deeds of darkness, but rather expose them. For it is shameful even to mention what the disobedient do in secret. But everything exposed by the light becomes visible, for it is light that makes everything visible. Ephesians 5: 8 – 14a

DIARY

Thursday 19th March

Café + Soup 9.30 – 1.30pm
 The meal will be served around 12 noon
 All welcome

Sunday 22nd March

Morning worship 11.00am
 led by Rev Christine Coram

In heavenly love abiding,
 no change my heart shall fear;
 and safe is such confiding,
 for nothing changes here:
 my heart my low be laid;
 but God is round about me,
 and can I be dismayed.

Wherever he may guide me
 no want shall turn me back,
 my shepherd is beside me
 and nothing can I lack:
 his wisdom ever waketh,
 his sight is never dim,
 he knows the way he taketh
 and I will walk with him.

Green pastures are before me,
 which yet I have not seen;
 bright skies will soon be o’er me
 where the dark clouds have been:
 my hope I cannot measure,
 my path to life is free;
 my Saviour has my treasure,
 and he will walk with me.

Anna Laetitia Waring
 1823 - 1910

*Be the peace of the Spirit mine this night
 Be the peace of the Son mine this night
 The peace of all peace be mine this night
 Each morning and evening of my life.
 Celtic prayer*

