



**22nd March 2026.**  
 We extend a warm welcome to  
 Rev Christine Coram, and to all  
 our members, friends and visitors



**For meditation:** *Today there is space, Lord. Freed from the busyness of the everyday, I have the gift of time. Time to listen to the life you have created in the symphony of birdsong, time to feel the breath of life in the breeze; time to watch the glory of diversity in the people passing by. Today there is space and time, Lord. Grant me the gift of gratitude.*  
*Andy Fyall, Chair, Nottingham and Derby District*

**NEWS AND VIEW**

Today is the fifth Sunday in Lent and also Passion Sunday the beginning of Passiontide. In the past this day has been given various names- Care/Carling/Carle or Carline Sunday as well as Whirlin’ Sunday. The ‘care’, meaning mourning, refers to the sorrow of our Lord’s Passion. Pub landlords gave customers free Carlings in former times – these being peas mixed with breadcrumbs, onion and herbs and fried or just peas fried and seasoned. The peas were an ‘allowed’ food during lent and were an important source of protein.

**CLOCKS CHANGE!** Don’t forget to put your clocks **forward** an hour next Saturday.

**HAPPY BIRTHDAY!** Special best wishes to Margaret as she celebrates her ‘big’ birthday with family and friends today!

**FOR PRAYER**

**Lent 5– study material**

The Methodist Church has prepared study/worship material for the whole period of Lent; this week we are invited to **let go of despair and embrace ‘respair’**.

We place a clipboard at the foot of the cross. A symbol of checklists, assessments and assumptions. We acknowledge the checklists we carry – spoken or unspoken – that shape how we see others. But you, God, see the heart. You see the whole person. You see us with love. O Lord our God, on this Lenten journey, help us to see as you see, and love as you love. Amen  
*We are praying this week for the congregation at Chew Stoke*

**LECTIONARY READINGS** – 29 March

- Isaiah 50: 4 -9a
- Psalms 31: 9 -16
- Philippians 2: 5 -11
- Matthew 27: 11 - 54

**THOUGHT FOR THE WEEK**

Jesus said to Martha, “I am the resurrection and the life. He who believes in me will live, even though he dies; and whoever lives and believes in me will never die. Do you believe this?” “ Yes, Lord,” she told him, “I believe that you are the Christ, the Son of God, who was to come to the world.” John 11: 25,26

**DIARY**

**Thursday 26<sup>th</sup> March**

**Café** 9.30 – 12 noon  
 All welcome

**Sunday 29<sup>th</sup> March (Palm Sunday)**

**Morning worship** 11.00am  
 led by Rev Philip Turner

**Serving Christ in one another**

You told us  
 to wash  
 each other’s feet Lord  
 as you did.

Did you not know  
 that we would  
 have baths-  
 wear closed shoes-  
 drive cars- have metalled roads, Lord?

You opened deaf ears, blind eyes  
 bowed proud hearts –  
 I hear, Lord, I see  
 and give myself to you  
 in washing others’ feet.

On my knees on their behalf, Lord-  
 Praying.  
 Too low to judge, to criticise.  
 Vulnerable to kicks  
 Vulnerable to hurt  
 Vulnerable.....

But that is what love is, Lord –  
 pride goes  
 self goes  
 fear goes –  
 and I learn  
 to serve you.

Susan Appleby